



Adult Day Health Center

Partnering with you in care

The Adult Day Health Center can help meet the needs of community members who...

- ...are in fragile health and need nursing care***
- ...need to maintain or regain physical abilities***
- ...have Memory Loss***
- ...are lonely and isolated***
- ...are Family Caregivers in need of support***

The Adult Day Health Center provides several programs to meet a variety of client needs:

- Adult Day Health Program:*** Health support for clients who require skilled nursing or occupational therapy (available Mondays, Tuesdays and Thursdays, 10:00am-2:00pm)
- Family Caregiver Support Services:*** Support groups, community education, caregiver events, consultation and referral
- New Service! Active Adult Program:*** A program for adults who have memory loss or who need positive social interaction (available Monday-Friday, 10:00am-2:00pm)

Special Offer:

Sign up for the

ACTIVE ADULT PROGRAM

and receive FREE ENROLLMENT,

a \$110.00 value!

Call (360) 788-6410 for information

- Center Hours: Monday through Friday, 8:00am - 4:30pm***
- Telephone: (360) 788-6410 Fax: (360) 715-6549***
- Address: 809 E. Chestnut Street, Bellingham, WA 98225***
- Website: www.peacehealth.org/adultdayservices***

The Adult Day Health Center is funded partially by the Northwest Regional Council through Senior Citizens Services Act monies.

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